

Take your leadership development to new heights!



Group coaching sessions available in 2010!

Network with others while you continue your leadership journey.

**Location: 501 W. Schrock Rd., Suite 107
Westerville, OH 43081**

Cost PER SESSION: \$50 if employed; \$35 if unemployed

To Register: E-mail mj@integratedleader.com with the time you will attend (Wednesdays at 9 a.m. or 5:30 p.m.) or call M.J. Clark at 614/214-7062 with any questions.

2010 Session Dates:

Wednesday, February 3	9:00 a.m. or 5:30 p.m.
Wednesday, February 17	9:00 a.m. or 5:30 p.m.
Wednesday, March 3	9:00 a.m. or 5:30 p.m.
Wednesday, March 17	9:00 a.m. or 5:30 p.m.
Wednesday, April 7	9:00 a.m. or 5:30 p.m.
Wednesday, April 21	9:00 a.m. or 5:30 p.m.
Wednesday, May 5	9:00 a.m. or 5:30 p.m.
Wednesday, May 19	9:00 a.m. or 5:30 p.m.



These group sessions will enable you to:

- Learn to become more assertive and understand how assertiveness impacts your ability to lead.
- Learn to build your leadership style around passion, rather than fear.
- Become aware of the thoughts and emotions that drive your behavior.
- Help you better deal with everyday stress and frustration.
- Develop a vision for your future development as a leader.
- Practice new, more productive, behaviors.

If you know anyone who could benefit from group sessions, please forward this invitation on!